

# 3-Day Preschool News

November 29, 2021

## Message from Ms. Barker

Hello preschool families!

This week, we will conclude our unit on Feelings/Emotions. We will be learning about names of different feelings, identifying feelings, describing feelings, and how to work through big feelings. We will continue to learn calm down strategies throughout the school year. As we learn new skills, I will be updating the "Calm Down Strategies" section on our classroom website. You can help by practicing some of the skills at home. You can also practice identifying and describing feelings together. One way you could do this is by talking about characters' feelings in stories you read together.

During Bible Time, we will be learning about Jesus' birth and will also be rehearsing songs for our Christmas program. The preschool Christmas program (3-day & 5-day classes) will be on the evening of December 15<sup>th</sup> before the church Advent service. Families are also invited to stay for the Advent service following the program. There are not any corresponding newsletters for Bible Time because most of the time will be spent preparing for the Christmas program. You can still help at home by reviewing this story with your child. You could also try acting it out, drawing pictures of some of your favorite parts of the story, or using puppets to retell the story.

We will try to get to skills and fancy words this week, but may not get to them depending on how the day goes with our Christmas program rehearsals.

As always, please do not hesitate to contact me with any questions or concerns. ☺

### Skills of the Week

Letter: O o

Number: 8 (eight)

### Fancy Words

Angry- Mad

### Ways You Can Help

If you are able to play the piano, we are also looking for someone to record background music for the Christmas program so that we can practice and perform. If you are willing and able, please contact Ms. Barker!

Also, the 5-day class will be putting on a Christmas pageant next month. We are looking for anyone who is able to hem costumes prior to their performance. If you are willing and able, please contact Ms. Barker! We would greatly appreciate your assistance.

### December Birthdays

12/8 Austin

### Reminders

12/8

Holiday Shop

12/15

Christmas Program (details TBD)

12/17

Christmas Party

12/20

Christmas Break begins

1/3

School Resumes