## **Bed Time Routine Resources:**

There are a number of resources available on Teachers Pay Teachers that you might find helpful for establishing bed time routines with your child at home. I cannot legally share the documents with you (even the free ones), but I will link a few good choices that I have found that you could choose to download on your own account. Each picture gives a preview of what the chart looks like. Click on the photo for the link to Teachers Pay Teachers. Hopefully you find one that will work for you and your child! ©

